

# LIFE PLAN AT THE AMSTERDAM

**A SIMPLE CONCEPT FOR A SECURE FUTURE  
IN AN UNPREDICTABLE WORLD**





# OUR MISSION

The Amsterdam at Harborside is the first and only true, not-for-profit Life Plan retirement living community in Nassau County. Our commitment to you is to provide well designed, maintenance-free residential living; elegant, upscale amenities; generous hospitality services; and many opportunities for lifelong learning.

The cornerstone of this commitment is our comprehensive Life Plan program, which offers all levels of health care services in a private, secure environment. Further, we will strive to always attract and retain quality employees; offer a lifestyle filled with freedom, opportunities and true peace of mind; and consistently deliver value and dependable personal attention.



# THE FIRST AND ONLY LIFE PLAN COMMUNITY

**IN NASSAU COUNTY NEW YORK**

Not every CCRC (Continuing Care Retirement Community) is a Life Plan Community. Life Plan is a program that provides long-term care if and when you need it at no additional cost. What are the chances you'll one day require some degree of long-term care? Seven in 10 after age 65, according to the U.S. Department of Health and Human Services. Needless to say, these costs will be expensive. Life Plan offers significant savings over the average cost of private nursing care. At The Amsterdam, you'll receive short- or long-term care for the same monthly fee you pay in independent living.



# LIFE PLAN

## **WORKS AS IF YOU DESIGNED IT YOURSELF**

When you choose independent living at The Amsterdam, you'll receive a full complement of services in return for a one-time, highly refundable entrance fee and monthly fee. These include utilities, dining, housekeeping, interior and exterior maintenance, and more. But because The Amsterdam is a Life Plan Community, you'll also receive access to a full continuum of on-site short- or long-term care—enriched housing, memory support, rehabilitation services, skilled nursing or hospice. So if you ever need care, you'll know upfront who will provide it and what it will cost.



## THERE'S MORE

At The Amsterdam, you may choose from a variety of entrance fee options to help meet your financial goals and preferences, including options where a portion of the fee is refundable to you or your estate, if you leave the community for any reason. In addition, some or all of your entrance fee and monthly fees may be deductible as prepaid medical expenses. You should, of course, discuss your individual tax situation with your personal tax advisor.

# A MEASURE OF PREDICTABILITY

## IN AN UNPREDICTABLE WORLD

Life Plan at The Amsterdam is the smartest, most efficient way to prepare for the possibility of needing long-term care in the future, while leading a more carefree life. Consider the benefits and advantages that are available to you only through The Amsterdam's unique Life Plan concept:

- **Priority access to quality on-site enriched housing, memory support, rehabilitation services, skilled nursing or hospice**
- **Flexible entrance fee options for the purpose of estate preservation**
- **Predictable monthly service fee remains the same throughout all levels of care**
- **Knowing you have a solid plan in place to protect against life's what-ifs**

Enjoy the confidence of independent retirement living in Nassau County's first and only Life Plan Community.

T·H·E  
**AMSTERDAM**  
AT HARBORSIDE

A HIGHER LEVEL OF SERVICE,  
CONVENIENCE, FREEDOM AND SECURITY.  
CALL 516-472-6636 TO SCHEDULE A VISIT.



T·H·E  
**AMSTERDAM**  
AT HARBORSIDE

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Operated by Amsterdam House Continuing Care Retirement Community, Inc., a not-for-profit organization.